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Shh!



Anti-agers no one but
you need know about

By Inge Van Lotringen

QI HAVE persistent eye-bags that don't seem to go away no matter how much I sleep or what creams I use. What should I do?

ASLEEP or skincare won't make a difference once under-eye bags have set in.

'Bags' can mean swelling, sagging, or an accumulation of fat and can be caused by genetics, ageing, fluid retention, allergies, lifestyle and more, with each requiring different treatment.

But there are options, says

**Will anything
get rid of my
eyebags?**

ophthalmic and oculoplastic surgeon Dr Rachna Murthy, such as 'judicious use of filler below the bags (if they're small) to smooth out the entire area'. Or 'Ultraclear laser resurfacing - this is excellent for bags resulting from sagging, crepey skin'. Serious bags with fat accumula-

tion can be magicked away with lower eyelid surgery, which has two weeks' recovery time and results lasting ten years.

Prices for these three options start at £500, £2,000 and £7,000 respectively at London's FaceRestoration (facerestoration.com). Outside the capital, prices will be lower. But please get an eye area specialist to advise and treat you!

■ **EMAIL your questions to Ingeborg van Lotringen, author of Great Skin, at inge@dailymail.co.uk.**